NorWesters Athlete Record Sheet

Athletes name: Year of birth:

Times/Distances and Placing:

			i			
MEET						Personal Best
60 meters						
100						
meters						
200						
meters						
300						
meters						
600 meters						
800						
meters						
1000						
meters						
1200 meters						
2000 meters						
Sprint Hurdles						
Hurdles						
(200M)						
High Jump						
Long Jump						
Triple Jump						
Pole Vault						
Shot						
Put						
Discus						
Hammer						
Javelin						
Steeple						