

North Shore Cross Country Championships
Cates Park, North Vancouver
- Saturday 10/15/05

COMPLETE RESULTS FOR FINALS

Event 1 Boys 9-9 1,590 Meter Run
Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	HT	PTS
1	Galbraith, James	9	WEST POINT GREY ACADEMY	6:14.1	2	
2	Wadhvani, Nathan	9	GOLDEN EARS ATHLETICS	6:19.7	1	
3	Lampen, Joshua	9	GOLDEN EARS ATHLETICS	6:44.4	1	
4	Dunlop, Jared	9	GOLDEN EARS ATHLETICS	6:47.0	1	
5	Coote, Alexander	9	ST. GEORGE'S JUNIOR SCHOO	6:47.2	1	
6	Goh, Daniel	9	ST. GEORGE'S JUNIOR SCHOO	6:52.2	1	
7	Cornelissen, Conrad	9	ST. GEORGE'S JUNIOR SCHOO	6:54.7	2	
8	Scott, Ethan	8	COLLINGWOOD SCHOOL	7:02.0	1	
9	Devisser, Andrew	9	VANCOUVER THUNDERBIRDS	7:05.4	1	
10	Hou, Jeffrey	9	ST. GEORGE'S JUNIOR SCHOO	7:06.2	2	
11	Mirikam, Nicholas	9	WEST POINT GREY ACADEMY	7:13.5	1	
12	Jahid	9	ST. GEORGE'S JUNIOR SCHOO	7:27.1	2	
13	Horton, Sam	9	Unattached	7:33.4	2	
14	Mostowich, Joseph	8	ST. GEORGE'S JUNIOR SCHOO	8:25.1	1	
15	Jin, Hal	9	WEST POINT GREY ACADEMY	8:36.0	2	
16	MacKenzie, RobRoy Jr.	8	SOUTHPOINTE ACADEMY	9:13.6	1	
17	Toporowski, Justin	9	COLLINGWOOD SCHOOL	9:46.9	1	
18	Neill, Alexander	8	COLLINGWOOD SCHOOL	9:50.1	1	
19	Jeon, Chris	8	COLLINGWOOD SCHOOL	10:10.5	1	
20	Kardos, James	8	COLLINGWOOD SCHOOL	10:56.5	1	

Event 2 Girls 9-9 1,590 Meter Run
Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Dodd, Sophie	9	WEST POINT GREY ACADEMY	6:47.6	
2	Vicic, Amy	9	SOUTH FRASER TRACK CLUB	6:55.3	
3	Kautzky, Mikaela	9	Ross Road	7:01.5	
4	Vetterl, Alannah	9	SOUTH FRASER TRACK CLUB	7:15.0	
5	Rowat, Meredith	9	CROFTON HOUSE SCHOOL	7:19.6	
6	Folick, Olivia	9	CROFTON HOUSE SCHOOL	7:20.1	
7	Worsley, Laura	8	YORK HOUSE SCHOOL	7:29.1	
8	Bramard, Madison	9	YORK HOUSE SCHOOL	7:30.2	
9	Merletti, Florencia	9	SOUTH FRASER TRACK CLUB	7:38.9	
10	Martin, Leila	9	YORK HOUSE SCHOOL	7:40.0	
11	Flemons, Tanis	9	YORK HOUSE SCHOOL	7:41.0	
12	Jarrar, Kyla	8	COLLINGWOOD SCHOOL	7:48.3	
13	Mounsey, Brooke	8	COLLINGWOOD SCHOOL	7:49.0	
14	Jennings, Sydney	8	YORK HOUSE SCHOOL	7:49.9	
15	Pitblado, Caitlin	9	YORK HOUSE SCHOOL	7:55.3	
16	Ouillet, Cecile	9	YORK HOUSE SCHOOL	8:01.8	
17	Potvin, Ariane	8	YORK HOUSE SCHOOL	8:13.7	
18	Steiner, Sam	9	COLLINGWOOD SCHOOL	8:18.6	
19	McDonald, Miranda	9	YORK HOUSE SCHOOL	8:34.0	
20	Watt, Audrey	9	CROFTON HOUSE SCHOOL	8:35.3	
21	Cox, Jodie	9	Brocton Prep	8:40.7	
22	Ellen-Stain, Heather	9	YORK HOUSE SCHOOL	8:44.8	
23	Hamming, Chelsea	8	YORK HOUSE SCHOOL	8:58.9	
24	Dunwoody, Kirsten	9	Sherwood Park	9:12.7	
25	Siddoo, Ashna	9	YORK HOUSE SCHOOL	9:20.9	
26	Khimji, Natasha	9	YORK HOUSE SCHOOL	9:21.5	
27	Abnoux, Laura	9	YORK HOUSE SCHOOL	9:28.8	
28	Deol, Manpreet	8	YORK HOUSE SCHOOL	9:37.8	

29	Groening-Gibson, Miranda	9	YORK HOUSE SCHOOL	9:40.8
30	Craig, Zoe	8	YORK HOUSE SCHOOL	9:44.8
	- Jacobsen, Sonja	9	CROFTON HOUSE SCHOOL	DNF
	- Weaver, Katie	8	NORWESTERS TRACK CLUB	DNF

Event 3 Boys 10-10 2,100 Meter Run
Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	van der Eyden, Matthew	10	Royal City Track & Field	8:14.6	
2	Miles, James	10	WEST VAN TRACK CLUB	8:15.1	
3	Morris, Sam	10	WEST VAN TRACK CLUB	8:16.7	
4	Knetchel, Trevor	10	VANCOUVER THUNDERBIRDS	8:17.6	
5	Theriault, Alec	10	ST. GEORGE'S JUNIOR SCHOO	9:06.2	
6	Heyes, Zayne	10	VANCOUVER THUNDERBIRDS	9:16.0	
7	Marshall, Adam	10	LANGLEY MUSTANGS	9:17.7	
8	Chamberlain, Will	10	ST. GEORGE'S JUNIOR SCHOO	9:36.7	
9	Desjardine, Avery	10	COLLINGWOOD SCHOOL	9:50.2	
10	Benson, Jake	10	GOLDEN EARS ATHLETICS	10:14.0	
11	Ryan, Nathan	10	COLLINGWOOD SCHOOL	10:21.8	
12	Cambon, Riley	10	VANCOUVER THUNDERBIRDS	10:27.0	
13	Mounsey, Alex	10	COLLINGWOOD SCHOOL	11:18.5	
14	Voloshin, Daniel	10	NORWESTERS TRACK CLUB	13:06.2	

Event 4 Girls 10-10 2,100 Meter Run
Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Lazecki, Natasha	10	Royal City Track & Field	8:54.1	
2	Barton, Jessica	10	GOLDEN EARS ATHLETICS	9:00.2	
3	horton, Emily	10	Unattached	9:20.7	
4	Shannon, Robynne	10	Acceleration T & F	9:21.1	
5	LePard, Heather	10	Unattached	9:28.3	
6	Gill, Lana	10	WEST POINT GREY ACADEMY	9:29.3	
7	Richardson, Laura	10	Kamloops	9:41.0	
8	MacDougall, Anna	10	ST. GEORGE'S JUNIOR SCHOO	9:45.1	
9	Diemer, Jenny	10	Unattached	9:45.9	
10	Konantz, Victoria	10	COLLINGWOOD SCHOOL	9:50.6	
11	Chan, Candice	10	CROFTON HOUSE SCHOOL	9:55.3	
12	Hardie, Quinn	10	GOLDEN EARS ATHLETICS	9:55.9	
13	Tung, Joanna	10	CROFTON HOUSE SCHOOL	10:11.3	
14	Fiorante, Majja	10	YORK HOUSE SCHOOL	10:14.8	
15	Munk, Sophie	10	YORK HOUSE SCHOOL	10:32.9	
16	Crawford, Aiden	10	CROFTON HOUSE SCHOOL	10:33.4	
17	Rhee, Sophie	10	YORK HOUSE SCHOOL	11:09.9	
18	Kam, Crystal	10	CROFTON HOUSE SCHOOL	11:15.2	
19	Jackson, Eleni	10	YORK HOUSE SCHOOL	12:00.2	
20	Lim, Catherine	10	YORK HOUSE SCHOOL	12:01.0	
21	Kwong, Joy	10	YORK HOUSE SCHOOL	13:24.5	

Event 5 Boys 11-11 2,100 Meter Run
Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	McHaffie, Scott	11	SOUTH FRASER TRACK CLUB	8:36.0	
2	Pitblado, James	11	ST. GEORGE'S JUNIOR SCHOO	8:36.9	
3	McHaffie, Spencer	11	SOUTH FRASER TRACK CLUB	8:38.2	
4	Irwin, Mack	11	COLLINGWOOD SCHOOL	8:40.3	
5	Bryden, Nathan	11	NORWESTERS TRACK CLUB	9:01.5	
6	Moonie, Devon	11	Kamloops	9:02.4	
7	Willet, Nathan	11	LANGLEY MUSTANGS	9:47.4	
8	Graham, Logan	11	WEST POINT GREY ACADEMY	9:51.0	
9	Weaver, Fred	11	NORWESTERS TRACK CLUB	11:13.6	
10	McCarlie, Paul	11	SOUTHPOINTE ACADEMY	11:16.8	

Event 6 Girls 11-11 2,100 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Harrison, Sophie	11	Unattached	8:47.0	
2	Tourigny, Katherine	11	WEST POINT GREY ACADEMY	8:49.2	
3	Thompson, Helen	11	VANCOUVER THUNDERBIRDS	8:50.3	
4	Vicic, Carla	11	SOUTH FRASER TRACK CLUB	8:50.7	
5	Nielsen, Hannah	11	NORWESTERS TRACK CLUB	9:06.1	
6	Thompson, Becky	11	VANCOUVER THUNDERBIRDS	9:17.6	
7	Bill, Alexandra	11	NORWESTERS TRACK CLUB	9:28.3	
8	Warner, Claire	11	WEST POINT GREY ACADEMY	9:51.9	
9	Dixon, Hannah	11	Royal City Track & Field	10:10.4	
10	Jones, Andrea	11	CROFTON HOUSE SCHOOL	10:13.6	
11	Balemenos, Claudia	11	YORK HOUSE SCHOOL	10:18.5	
12	Hudson, Mikaela	11	YORK HOUSE SCHOOL	10:41.9	
13	Todd, Ellen	11	CROFTON HOUSE SCHOOL	11:12.2	
14	Dunlop, Janae	11	GOLDEN EARS ATHLETICS	11:13.6	
15	Morencod, Pauline	11	YORK HOUSE SCHOOL	12:14.8	

Event 7 Boys 12-12 3,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Powrie, Jake	12	VANCOUVER THUNDERBIRDS	12:05.5	
2	Drake, Joshua	12	SOUTH FRASER TRACK CLUB	12:25.1	
3	Cliff, William	12	ST. GEORGE'S JUNIOR SCHOO	12:26.3	
4	Donnelly, Braeden	12	LANGLEY MUSTANGS	12:44.3	
5	Hamill, Clayton	12	WEST POINT GREY ACADEMY	13:15.7	
6	Knechtel, Nicholas	12	SOUTH FRASER TRACK CLUB	13:24.7	
7	Rajala, Devin	12	ST. GEORGE'S JUNIOR SCHOO	13:47.8	
8	Dueck, Carson	12	WEST POINT GREY ACADEMY	14:58.3	
9	Goldsmid, Glen	12	WEST POINT GREY ACADEMY	16:00.5	
10	McCauley, Peter	12	WEST POINT GREY ACADEMY	18:18.6	

Event 8 Girls 12-12 3,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Schoch, Sasha	12	Kelowna Track & Field	12:11.0	
2	Slade, Erin	12	SOUTH FRASER TRACK CLUB	12:27.6	
3	Johnson, Hilary	12	NORWESTERS TRACK CLUB	13:47.4	
4	Cukor, Aleia	12	Unattached	13:48.8	
5	Debrincat, Austin	12	SOUTH FRASER TRACK CLUB	14:15.9	
6	Wallace, Leah	12	VANCOUVER THUNDERBIRDS	14:29.7	
7	Peacock, Sam	12	Kamloops	14:35.3	
8	Sapointe, Elsbet	12	Acceleration T & F	14:39.9	
9	Sanders, Nashar	12	Kamloops	14:41.4	
10	Nicol, Emily	12	Kelowna Track & Field	14:46.4	
11	McCluskey, Tara	12	NORWESTERS TRACK CLUB	15:40.6	
12	Bouliane, Lisa	12	SOUTH FRASER TRACK CLUB	16:22.6	
13	Pickles, Lauren	12	Kelowna Track & Field	16:28.0	
14	Wieting, Erika	12	NORWESTERS TRACK CLUB	19:22.8	
-	Grant, Meaghan	13	Lions Gate Road Runners		DQ

Event 9 Boys 13-13 3,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Fougere, Brent	13	Kamloops	11:14.8	
2	Behnsen, Kurt	13	Kamloops	11:24.7	
3	Bill, Simon	13	NORWESTERS TRACK CLUB	11:56.1	
4	Riedl, Thomas	13	COQUITLAM CHEETAHS	12:01.1	
5	Spallek, Dominic	13	NORWESTERS TRACK CLUB	12:03.2	
6	Ling, David	13	KAJAKS TRACK CLUB	12:44.5	
7	McLeod, Rod	13	LANGLEY MUSTANGS	14:19.8	

Event 10 Girls 13-13 3,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Flores-Aguilera, Micaela	13	SOUTH FRASER TRACK CLUB	12:46.6	
2	Vicic, Andrea	13	SOUTH FRASER TRACK CLUB	12:53.1	
3	Poirier-Hardy, Jocelyn	13	NORWESTERS TRACK CLUB	13:00.6	
4	Brooks, Katie	13	SOUTH FRASER TRACK CLUB	13:05.7	
5	Wilding, Amelia	13	VANCOUVER THUNDERBIRDS	13:16.0	
6	Wasylyshyn, Kelly	13	NORWESTERS TRACK CLUB	13:17.6	
7	DeFaye, Amanda	13	KAJAKS TRACK CLUB	13:40.7	
8	Heyes, Kajsa	13	VANCOUVER THUNDERBIRDS	14:07.6	
9	Dunwoody, Corinne	13	Argyle	14:18.8	

Event 11 Boys 14-14 4,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Polos, Ian	14	Kamloops	15:33.9	
2	Slade, David	14	SOUTH FRASER TRACK CLUB	15:59.6	
3	Solovyev, Kirill	14	Unattached	17:06.4	
4	Childs, Lewis	14	Kelowna Track & Field	17:41.8	
5	Weaver, Harry	14	NORWESTERS TRACK CLUB	18:14.8	
6	Vandenberg, Travis	14	Unattached	20:27.9	

Event 12 Girls 14-14 4,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Diby, Katherine	14	VANCOUVER THUNDERBIRDS	16:33.2	
2	Staynor, Rebecca	14	Unattached	18:20.3	
3	Lindsay, Alex	14	KAJAKS TRACK CLUB	19:01.3	
4	Gill, Nikki	14	SOUTH FRASER TRACK CLUB	22:05.0	

Event 13 Boys 15-15 4,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Hegele, Paul	15	KAJAKS TRACK CLUB	14:58.2	10
2	Hardy Poirier, Alistair	15	NORWESTERS TRACK CLUB	15:06.1	8
3	Jackson, Spencer	15	KAJAKS TRACK CLUB	15:17.1	6
4	Diemer, Matt	15	NORWESTERS TRACK CLUB	15:29.8	4
5	Giroday, David	15	Unattached	16:26.2	2
6	Dunfee, Evan	15	KAJAKS TRACK CLUB	16:28.0	1
7	Schweber, Alan	15	KAJAKS TRACK CLUB	17:06.3	
8	Wasylyshyn, Robbie	15	NORWESTERS TRACK CLUB	18:14.9	

Event 14 Girls 15-15 4,000 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Schoch, Teegan	15	Kelowna Track & Field	17:14.6	
2	Kits, Rebecca	15	LANGLEY MUSTANGS	17:40.0	
3	Cukor, Alexandra	15	Unattached	18:46.7	
4	Chappaz, Katy	15	NORWESTERS TRACK CLUB	19:01.7	
5	Daviel, Melisendra	15	VANCOUVER THUNDERBIRDS	19:04.3	
6	Strong, Jenny	15	NORWESTERS TRACK CLUB	19:13.5	
7	Santa Cruz, Steph	15	KAJAKS TRACK CLUB	19:47.7	
8	Straight, Kelsey	15	NORWESTERS TRACK CLUB	20:16.4	
9	Warwick, Heather	15	KAJAKS TRACK CLUB	20:55.3	

Event 15 Women's 16-19 4,200 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Groenewoud, Chantelle	16	NORWESTERS TRACK CLUB	16:05.0	

2	Smith, Jessica	16	NORWESTERS TRACK CLUB	16:07.0
3	Digby, Erica	16	VANCOUVER THUNDERBIRDS	16:26.0
4	Farnen, Emily	16	NORWESTERS TRACK CLUB	17:24.0
5	Stutz, Linda	16	KAJAKS TRACK CLUB	17:51.0
6	Ershov, Victoria	17	COQUITLAM CHEETAHS	18:30.0
7	Mesri, Mari	16	NORWESTERS TRACK CLUB	18:56.0
8	Shoults, Katherine	16	NORWESTERS TRACK CLUB	18:56.4
9	Rajala, Amelia	16	NORWESTERS TRACK CLUB	19:52.0
10	Hartwick, Rachel	17	Unattached	20:10.0

Event 16 Men's 16-19 6,300 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Rosser, Brenden	17	NORWESTERS TRACK CLUB	21:02.1	
1	Adair, Mikey	18	NORWESTERS TRACK CLUB	23:34.8	
2	Childs, Cliff	17	Kelowna Track & Field	22:18.7	
3	Scott, Nicol	17	Kelowna Track & Field	22:50.7	
4	Phillips, Roberto	17	NORWESTERS TRACK CLUB	22:59.2	
5	Bean, Erik	16	NORWESTERS TRACK CLUB	23:44.0	
6	Wasylyshyn, Adam	16	NORWESTERS TRACK CLUB	24:10.9	
7	Newmarch, Will	16	Kamloops	24:21.3	
8	Verghese, Samuel	17	LANGLEY MUSTANGS	25:28.0	

Event 17 Men's 20-89 6,300 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Lonergan, Rob	46	Hersey Harriers	20:45.9	
2	Le Bihan, Patrice	29	VANCOUVER THUNDERBIRDS	21:24.4	
3	Krochak, Paul	30	VANCOUVER FALCONS ATHLETIC	22:03.1	
4	Wood, Nate	24	Unattached	22:22.2	
5	Moon, Mike	44	Unattached	22:36.2	
6	Fenwick, Gary	22	Unattached	23:15.7	
7	Lang, Rob	49	Unattached	23:45.3	
8	Swadling, Jim	58	Lions Gate Road Runners	23:57.4	
9	Stevens, Gary	50	Lions Gate Road Runners	24:32.8	
10	Leone, Rob	29	NORWESTERS TRACK CLUB	24:40.0	
11	Phillips, Herb	65	Prairie Inn Harriers	24:40.7	
12	Morrison-Johnso, Curtis	31	Unattached	25:27.7	
13	Stevens, Murray	52	Lions Gate Road Runners	25:28.3	
14	Jamieson, Alex	60	KAJAKS TRACK CLUB	26:44.6	
15	Bower, Gunther	67	PHOENIX ATHLETICS	27:18.5	
16	Ryan, Lee	28	Unattached	27:19.9	
17	Castellan, Gwendal	29	Unattached	27:47.4	
18	Hyder, Mark	53	Lions Gate Road Runners	27:52.8	
19	Maderom, Jake	61	KAJAKS TRACK CLUB	28:04.5	
20	Hastie, Tom	58	Unattached	28:47.1	
21	Caruso, John	65	KAJAKS TRACK CLUB	29:30.9	
22	Ryzok, Roy	56	Alouette Achilles	29:51.3	
23	Greenaway, Ken	45	Unattached	30:01.2	
24	McCormack, Christian	34	Unattached	30:12.7	
25	Jenkins, David	60	Unattached	30:19.3	
26	Fenz, Hans	69	Lions Gate Road Runners	30:34.5	
27	Grosser, Gotfried	58	Unattached	31:21.5	
28	Carey, Lance	60	KAJAKS TRACK CLUB	31:24.9	
29	Eso, Jim	46	Unattached	34:12.1	
30	Daniel, Rob	66	Unattached	34:17.0	
31	Fletcher, Rob	50	Unattached	38:38.6	
32	Agnew, George	67	KAJAKS TRACK CLUB	39:54.1	
33	Reilly, George	71	KAJAKS TRACK CLUB	41:28.1	
-	Dragomir, Gerry	54	Race Walk West	DNF	

Event 18 Women's 20-89 6,300 Meter Run

Finals Results - Saturday 10/15/05

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Cushing, Michelle	23	Unattached	25:38.9	
2	Bezdan, Jeanie	41	Unattached	25:54.6	
3	Wagner, Julie	28	Unattached	26:12.9	
4	Jones, Liz	40	Hersey Harriers	26:20.8	
5	Chambers, Kristine	28	Unattached	28:04.4	
6	Marcellus, Sally	52	Unattached	29:32.3	
7	Fox-Colleran, Claire	52	Semiahmoo Runners	31:26.2	
8	Dinning, Kathy	55	Unattached	31:59.9	
9	Edwards, Marigo	45	Unattached	34:01.3	
10	Lowe, Donna	57	Unattached	37:57.6	
11	Coyo, Patricia	29	Unattached	38:31.3	