



TRACK RASCALS PROGRAM

Starting
Wednesday Evenings
April 2, 2008
for
10 weeks

for
6 to 8 year olds
West Vancouver Community Track
West Vancouver Secondary School
1750 Mathers Avenue

From 15th Street enter on Kings to the track
at the rear of the school.



Track and Field Club
North and West Vancouver

6 to 8 year olds TRACK RASCALS PROGRAM

This ten week program is designed to acquaint young athletes with different types of track and field events in a fun filled way. Each individual will be coached in running, jumping and throwing which are the basis of all sports.

Coach: Jodi Weightman

Jodi is a Level 2 coach and competed as a National Level Athlete

Time of Camp
6.30 to 7.30pm
Wednesday evenings
Starting April 2, 2008
Westcot Elementary School
West Vancouver.

Cost \$100
(BC Athletics training fee of \$10 plus GST is included)

Registration is limited

Please make cheques payable to:
NorWesters Track and Field Club.

PRE-REGISTRATION is NECESSARY

Phone
604-929-3554

REGISTRATION FORM

Name: _____

Address: _____

Tel. # _____

Email _____

Birthdate: / /
 mm dd yy

School: _____

Grade _____

Medical ins. # _____

Any Medical Conditions which may affect participation in this program ? Y \ N

If Yes, please specify. _____

PAYMENT : _____ ---Chq/ Cash

The responsibility for sport safety must be shared by all, I the undersigned am aware that there is certain risk of injury involved in my own or my child's participation in sport: either while traveling to or from the event; or while attending or participating in the programs or activities of the events which are sanctioned/ approved by BC Athletics, its Divisions, its Member Clubs or recognized organizing societies. It is understood by me that the signing of this document is intended to indicate that on behalf of myself an/or my child I assume the shared responsibility and acknowledge the risk of injury by so participating.

Signature of Applicant:

Signature of Parent or Guardian