



# TRACK RASCALS PROGRAM

Starting Monday Evenings

for 10 practices

for 6 to 8 year olds (born 2010 to 2012)

Handsworth Community Track



Track and Field Club North and West Vancouver

## 6 to 8 year olds in 2016 TRACK RASCALS PROGRAM

This eight practice program is designed to acquaint young athletes with different types of track and field events in a fun filled way. Each individual will be coached in running, jumping and throwing which are the basics of all sports.

Time of Camp 6.30 to 7.30pm Monday evenings April 9, 16, 23.30 May 7, 14, 28 June 4, 11, 18

Handsworth Community Track

Cost \$120

(BC Athletics training fee of \$15. plus GST is included)

Please make cheques payable to: NorWesters Track and Field Club.

PRE-REGISTRATION is NECESSARY

Email dcopping(at) telus.net for more information.

### REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel. # \_\_\_\_\_

Email \_\_\_\_\_

Birthdate: Mm \ dd yy couve\

School: \_\_\_\_\_

Grade \_\_\_\_\_ Citizenship \_\_\_\_\_

Medical ins. # \_\_\_\_\_

Any Medical Conditions which may affect participation in this program ? Y \ N

If Yes, please specify. \_\_\_\_\_

PAYMENT : \_\_\_\_\_ ---Chq/ Cash

The responsibility for sport safety must be shared by all, I the undersigned am aware that there is certain risk of injury involved in my own or my child's participation in sport: either while traveling to or from the event; or while attending or participating in the programs or activities of the events which are sanctioned/ approved by BC Athletics, its Divisions, its Member Clubs or recognized organizing societies. It is understood by me that the signing of this document is intended to indicate that on behalf of myself an/or my child I assume the shared responsibility and acknowledge the risk of injury by so participating.

Signature of Applicant: \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_