

NORWESTERS TRACK AND FIELD CLUB

North and West Vancouver.

2009 Meets – Juv/Jnr/Snr/Masters- Sprints/Jumps/Throws

DATE	MEET	LOCATION
April 16	Langley Spring Relays	Langley
18/19	George Dean	Sidney
25	Fraser Valley Invitational	Surrey
25/26	Kamloops Spring Throws	Kamloops
May 2	Valley Royals Sec. Schools	Abbotsford
2/3	NorWesters Elementaries	Swangard HOSTING
8/9/10	Kamloops Centennial	Kamloops
9	Kajaks High School Meet	Richmond
9/10	Dogwood Meet	Victoria
8/9/10	Kamloops Centennial	Kamloops
29/30	BC High Sch. Combined Events	Abbotsford
30	Eagle Classic	Maple Ridge
June 5/6	BC High School Champs.	Swangard
7	VIIA Regular and Weight Pentathlon	Sidney
10-16	Canada Games Relay Camp/Comp.	Series Locations
10	Victoria International (Series #1)	Victoria
12	Kajaks International (Series #2)	Richmond
13/14	Jesse Bent/Cheetahs	Coquitlam
14	Harry Jerome (Series #3)	Swangard
16	Abbotsford International (Series #4)	Abbotsford
19/20/21	Pacific Invitational	Langley
25/26/27/28	Canadian Senior Champs.	Toronto, ONT.
26/27/28	Jack Brow Memorial	Kelowna
July 2	Fraser Valley HJ Classic	Langley
4/5	Trevor Craven Memorial	Swangard HOSTING
8-12	IAAF World Youth Champs.	Brassanone, Italy
10-12	BC Track and Field Champs 15+	Abbotsford
15-19	IWAS World Juniors	Notwill, SWIS.
17-19	Canadian Junior Champs.	Charlottetown, PEI
17-19	Canadian Masters Champs.	Kamloops
25-26	Canada Games Prep Camp.	Vancouver
28-Aug 8	World Masters	Lahti, FIN
31-Aug 2	Pan Am Juniors	Tobago, TRIN.
August 5-11	Canadian Legion Champs (15/Juv)	Sherbrooke, QUE
8	BC Canada Games Prep Meet	Saskatoon, SASK.
15-23	IAAF World Championships	Berlin, GER
12/13	IAAF World Athletics Final	Thessaloniki, GRE
22-29	Canada Summer Games	Charlottetown. PEI
Sept. 16-19	BC Seniors Games	Richmond
Oct. 10-18	World Masters Games	Sydney, AUST

Note the dates of our own NorWesters' meets. Remember that each family is expected to volunteer at least one parent per athlete to help out on meet days. Hopefully both can help out.