



**SUMMER GAMES TRIALS  
ZONE 5  
Declaration Form.**

NAME \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

POSTAL CODE \_\_\_\_\_ TEL.NO. \_\_\_\_\_ Email \_\_\_\_\_

EMERGENCY Contact Name \_\_\_\_\_ PH.NO. \_\_\_\_\_  
during Games

MAIL ADDRESS if different. \_\_\_\_\_

SCHOOL \_\_\_\_\_ CLUB \_\_\_\_\_

DATE of BIRTH \_\_\_\_\_ BC ATHLETICS NO. \_\_\_\_\_

MEDICAL NUMBER \_\_\_\_\_ CHEST MEASUREMENT \_\_\_\_\_  
for competition singlet

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1.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

2.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

3.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

4.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

5.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

6.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

7.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

8.EVENT \_\_\_\_\_ Personal Best \_\_\_\_\_ Date \_\_\_\_\_ Event \_\_\_\_\_

I wish to be considered for STEEPLE Yes \_\_\_ No \_\_\_ PENTATHLON Yes \_\_\_ No \_\_\_ POLE VAULT Yes \_\_\_ No \_\_\_

I understand that I should compete in as many pentathlon events as possible at the trials if I wish to be considered for pentathlon. ie.high jump, long jump, shot put, sprint hurdles, 800m.

**As the Zone Coordinator I will submit the names of 12 girls and 12 boys. These will be athletes who have placed 1,2, or 3 in the 100m or 200m or 1 or 2 in all other events. To do so in two or three events is required for this first selection. All other athlete's results will be submitted to the Provincial Advisor as wild cards and the team should swell to 18 boys and 18 girls, often more. Please show your ability in as many events as sensible.**

Please email this form to [norwestersinfo@gmail.com](mailto:norwestersinfo@gmail.com). as soon as you have registered on Trackie for events at the Zone 5 Trials. Go to [www.norwesterstandf.com](http://www.norwesterstandf.com) for more information